

(This prescription can be filled at the pharmacy of your choice)

PATIENT _____
 Phone _____ Cell _____
 Address _____
 City _____ State _____ Zip _____ D.O.B. _____
 Allergies _____

PRESCRIBER _____
 Person Faxing Form _____
 DEA _____ NPI _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____ Fax _____

BIO-IDENTICAL HORMONES

HORMONE & STRENGTH
(per dose)

- _____ mg ESTRIOL
- _____ mg ESTRADIOL
- _____ mg PROGESTERONE
- _____ mg TESTOSTERONE
- _____ mg DHEA (Dehydroepiandrosterone)
- _____ mg METHYLTESTOSTERONE

FORM

- TROCHE
SIG: Dissolve 1 troche under tongue QD
- CREAM
SIG: Apply 1 pump QD
- VAGINAL SUPPOSITORY
SIG: Insert 1 suppository vaginally QD
- CAPSULES
SIG: Take 1 Capsule QD
- GEL
SIG: Apply 0.5-1 gram to area as directed.

QUANTITY

(Number of Capsules, Troches, and Suppositories or grams of Cream or Gel.)

- 30
- 60
- 90

CUSTOM SIG

SIG: _____

BIEST

BiEst Cream

SIG: Apply 1 pump QD

QUANTITY

30 g 60 g 90 g

50/50

80/20

- E2/E3 0.5/0.5 mg/gm E3/E2 0.8/0.2 mg/gm
- E2/E3 1.0/1.0 mg/gm E3/E2 1.6/0.4 mg/gm
- E2/E3 1.5/1.5 mg/gm E3/E2 2.4/0.6 mg/gm

NAUSEA

**DOXYLAMINE/PYRIDOXINE
25 mg/25 mg (SR Capsules)**

SIG: Take 1 capsule by mouth twice daily as needed for nausea

30 capsules 60 capsules

PROGESTERONE IN OIL

**PROGESTERONE
100 mg/mL in Sesame Oil**

_____ 10 mL Vial(s) (allergic: switch to Ethyl Oleate)

SIG 1: Inject 0.5 mL IM daily as directed

SIG 2: Inject 1 mL IM daily as directed

RECTAL ROCKET (SUPPOSITORY)

- LIDOCAINE 2%
- HYDROCORTISONE 1%
- DILTIAZEM 2%

14 Suppositories

SIG: Insert 1 suppository rectally each night at bedtime

NEWMAN'S OINTMENT (CREAM)

- MICONAZOLE NITRATE 2%
- MUPIROCIIN 1%
- BETAMETHASONE VALERATE 0.05%

SIG: Apply sparingly after each feeding

30 g 60 g 90 g

BLT NUMBING CREAM

- BENZOCAINE 20% **30 g**
- LIDOCAINE 6% **60 g**
- TETRACAINE 4%
- PHENYLEPHRINE 0.1%

SIG: Apply 1 gram as directed

STIMULATION CREAM (SCREAM CREAM)

- ERGOLOID MESYLATE 0.5 mg/gm
- L-ARGININE 60 mg/gm
- PENTOXIFYLLINE 50 mg/gm
- SILDENAFIL 10 mg/gm **30 grams**
- TESTOSTERONE 1 mg/gm

SIG: Apply 1 gram to clitoris 30 minutes prior to sexual activity

REFILLS 1 2 3 4 5 PRN

Q1 2020

SIGNATURE: _____ DATE: _____